



Go meat-free one day a week and you could have an incredible impact on our local and global **COMMUNITY**

The World Health Organization recently reported that more than 3 billion people on the planet are malnourished. Approximately 72% of grains grown in the North America feed livestock, not people. Livestock eat 80% of the world soybean crop and more than 50% of the world's corn crop.

Well over 70% of the world's population is intolerant to dairy products, and many people do not consume certain animal products for religious, ethical, environmental or health reasons. By providing well-labeled plant-based options we ensure that everyone is welcome at the table - without feeling singled out or holding up the line. Plant-based is the most equitable menu there is!



[earthsave.ca](http://earthsave.ca)

EARTHSAVE CANADA is a Vancouver-based registered charity since 1990. We advocate the move towards a more whole food, plant-based diet for better health, environmental sustainability, and compassion toward animals. We also believe communities are stronger when they set a table that people from all cultures and beliefs can enjoy. Please visit our web site for more information.