



Go meat-free one day a week and make an incredible impact on the lives of non-human **ANIMALS**

Small family farms are the exception to the rule. In reality, about 97% of animals raised for food in Canada are kept on huge factory farms.

Pigs are one of the smartest animals on the planet. Sows are often kept in 2ft gestation crates until birthing. Piglets have their teeth clipped, tails cut, and are castrated – all without anaesthesia. In Canada they may legally be transported for 36 hours without water, food or rest.

Dairy cows gestate a single calf for 9 months and then have their young taken from them soon after birth. Kept continually pregnant, they are then slaughtered after approx 3 years (in nature they live for 20+).

The egg industry destroys millions of male chicks each year as they are not considered profitable (organic too).



earthsave.ca

EARTHSAVE CANADA is a Vancouver-based registered charity since 1990. We advocate the move towards a more whole food, plant-based diet for better health, environmental sustainability, and compassion toward animals. We also believe communities are stronger when they set a table that people from all cultures and beliefs can enjoy. Please visit our web site for more information.